

# Breakfast

Served 9.30am - 11.30am

## Full breakfast 15

Sausage, bacon, tomato, mushroom, hash brown, hog's pudding, beans, egg & toasted sourdough (gf\*)

## Vegan breakfast 13

Vegan sausages, chickpea fritters, hash brown, tomato, mushroom, spinach, beans & toasted sourdough (vgn, gf\*)

Add an egg 2

Add extra items 2

## Breakfast rustic roll 8

Brown rustic roll; choose from bacon, sausage, egg or vegan sausage (v\*, gf\*)

Add egg 2

Add extra items 2

## Avocado on toast 10

Smashed avocado, with a hint of lime & chilli, served on toasted sourdough (vgn)

Add poached egg 2

## Toast

White sourdough or wholewheat bloomer (v, gf\*)

With butter 4

With jam or marmalade 6

With baked beans 6

With 2 eggs, fried, poached or scrambled 8

## Dietary symbols

(v) vegetarian / (vgn) vegan /  
(gf) gluten free / (df) dairy free /  
(\*) available on request

Please make us aware of any allergies or food intolerances before placing your order.

Please have your table number ready to order at the counter

# Lunch

Served 12pm - 3pm

## Soup

Please see the specials board for our soup of the day. Served with Da Bara wholewheat bloomer & Cornish butter (gf\*, vgn\*, df\*)

## Salads & small plates

### Chicken Caesar salad 14

Chicken breast, bacon lardons, crispy gem lettuce, croutons, parmesan shavings & Caesar dressing (gf\*, df\*)

### Gravlax salmon & prawn salad 15

Cured salmon in citrus, prawns with cucumber, dressed leaves, marie rose sauce & wholewheat bloomer (gf\*, df)

### Ploughman's lunch 14

Davidstow cheddar, honey-roasted ham, pickled onions, piccalilli, spicy tomato chutney & a wholewheat bloomer (gf\*, df\*)

### Greek salad 13

Tomatoes, cucumber, red onion, olives, feta cheese & house dressing (v, gf)

## Trebah's famous flans

All our flans are homemade & served with coleslaw & dressed leaves

Choose from **meat** or **vegetarian** flan

Please see our specials board for today's fillings & prices

## Toasted sandwiches

Served in a ciabatta roll with dressed leaves

### Honey roasted ham & Davidstow cheddar cheese 11

### Tuna, mayonnaise & Davidstow cheddar cheese 12.50

### Mediterranean veg, vegan pesto, Davidstow cheddar cheese (vgn\*) 11.50

## Hot sandwiches

Served in a rustic roll or a gluten free roll, with dressed leaves

### 8 Battered fish 12

Beer-battered haddock fillet with lettuce, tartare sauce (gf\*, df)

### Pulled pork 12

Mixed spice pulled pork with apple sauce (gf\*)

### Falafel 12

Falafels with smashed avocado, lime & chilli with lettuce (vgn, gf\*)

## Main plates

### Chicken & chorizo paella 18

Chicken & chorizo with fragrant Spanish paella rice & red peppers (gf)

### Open steak sandwich 19

Pan fried sirloin minute steak, sautéed onions, blue cheese sauce & rocket on a toasted ciabatta with skin on chips (gf\*)

### Fish & chips 18

Local beer-battered haddock fillet, skin-on chips, garden peas and tartare sauce (gf\*, df)

### Halloumi burger 18

Grilled halloumi, mushroom, spiced tomato ketchup & lettuce in a brioche bun with skin on chips (v, gf\*)

### Beef burger 18

Beef patty, cheddar cheese, bacon, lettuce & burger sauce in a brioche bun with skin-on chips (gf\*, df\*)

### Squash gnocchi 16

Roasted squash & gnocchi, cooked in garlic butter with pea shoots (gf, vgn)

Add blue cheese (v) 3

## Cornish cream tea 8.25

Two homemade scones, Rodda's Cornish clotted cream & Halzephron strawberry jam, served with a pot of tea (gf\*)

Upgrade to coffee .75

# Tiny Trebah

Served 12pm - 3pm. These prices have been lowered this summer due to a reduction in VAT

### Local pork sausage & skin-on chips (df, vgn\*) 7

Add peas or beans 1.30

### Chicken chunks & skin-on chips (gf, df) 7

Add peas or beans 1.30

### Beans on toast (gf\*, vgn) 5.20

Add cheese (v) 1.70

### Fish & chips with peas (gf\*, df) 7

### Tomato gnocchi & garlic bread (gf, df) 7

### Kids lunch bag 7

Please see selection at the counter. Box includes sandwich, Pom Bear crisps, carton of juice, fruit & flapjack.

## Sides

### Potato salad (v) 5

### Skin-on chips (vgn, gf) 5

### Cheesy skin-on chips 6

Skin-on chips topped with Davidstow cheddar cheese (v, vgn\*, gf)

### Messy chips 12

Skin-on chips topped with pulled pork and Davidstow cheddar cheese (gf)

### Side salad 4.50

Mixed leaves, cucumber, grated carrot & house dressing (v, gf)

### Homemade coleslaw (v) 4

## Homemade treats

Please see the counter for today's selection of fresh cakes, slices & biscuits

## Ice cream tubs 3.30

Please see the flavours at the counter

Roskilly's farmhouse  
Vibes dairy free (vgn)