

Breakfast

Served 9.30am - 11.30am

Full breakfast Sausage, bacon, tomato, mushroom, hash brown, hog’s pudding, beans, egg & Da Bara toasted sourdough (gf*)	15
Vegan breakfast Vegan sausage, chickpea fritter, hash brown, tomato, mushroom, spinach, beans & Da Bara toasted sourdough (vgn, gf*)	15
Add an egg	2
Add extra items	2
Breakfast rustic roll Da Bara brown rustic roll; choose from bacon, sausage, egg or vegan sausage (v*, gf*)	8
Add extra items	2
Toast Da Bara white sourdough or wholewheat bloomer (v, gf*)	
With butter	4
With jam or marmalade	6
With baked beans	6
With 2 eggs, fried, poached or scrambled	8

Homemade waffles

Berries & maple syrup (v)	7
Bacon & maple syrup	8

Homemade treats

Please see the counter for today’s selection of fresh cakes, slices & biscuits

Cornish cream tea

Two homemade scones, Rodda’s Cornish clotted cream & Halzephron strawberry jam, served with a pot of tea

Upgrade to coffee	.75
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Ice cream tubs

Please see the flavours at the counter

Roskilly’s farmhouse
Vibes dairy free (vgn)

Lunch

Served 12pm - 3pm

Soup Please see the specials board for our soup of the day. Served with Da Bara wholewheat bloomer & Cornish butter (gf*, vgn*, df*)	8
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Salads & small plates

Mushroom & mozzarella arancini Panko-breaded risotto balls with mushroom & mozzarella, dressed leaves & sweet chilli sauce (gf)	11.5
Bacon bubble & squeak cake Pan fried cabbage, bacon & potato cake, free range soft fried egg, pesto (gf, df)	11.5
Beef chilli Mild beef chilli, homemade nachos, Davidstow cheese, sour cream (gf*, df*)	10.5
Pea risotto Sweet pea risotto & pea shoots (vgn)	11
Add home-cooked ham	3
Messy chips Skin-on chips, bacon, Davidstow cheddar cheese, spring onions & Korean BBQ sauce (gf, df*)	11

Hot sandwiches

Served in a rustic roll or a gluten free roll, with dressed leaves

Roast beef, gravy & horseradish (df)	12
Spiced tofu, tomato, lettuce & spicy mayonnaise (vgn)	12
Jerk chicken strips, tomato & lettuce (df)	12
Bacon, brie & cranberry (df*)	11

Dietary information & symbols

Our kitchen uses a variety of ingredients which may cause allergic reactions. Whilst every effort is made to avoid cross-contamination it cannot be guaranteed.

(v) vegetarian / (vgn) vegan / (gf) gluten free / (df) dairy free / (*) available on request
Please make us aware of any allergies or food intolerances before placing your order.

Toasted sandwiches

Served in a ciabatta roll with dressed leaves

Honey roasted ham & Davidstow cheese	10
Chicken & mozzarella with pesto & rocket	11.5
Spiced aubergine, cheese & rocket (vgn*)	10

Main plates

Chicken tikka masala curry Marinated chicken in spices with fragrant rice & papadum (gf)	16
Fish pie Cornish white fish in a creamy sauce with peas, topped with cheesy mash & served with seasonal vegetables (gf)	15
Stuffed porchetta Herb & lemon-stuffed pork belly, creamy mash potato, glazed carrots & red wine jus (gf, df*)	19
Vegetarian lasagne & garlic bread Roasted winter vegetables, rich & cheesy cream sauce & pasta, served with dressed leaves & garlic bread (v)	15
Ham, eggs & chips Honey-glazed ham, two local fried eggs & skin-on chips (gf, df)	14
Sweet potato tagine Sweet potato, olive & apricot tagine, served with citrus couscous (vgn, gf)	13

Sunday roasts

Enjoy a delicious roast here every Sunday. Please ask at the counter for details.

Trebah’s famous flans

All our flans are homemade & served with coleslaw & dressed leaves

Choose from **meat** or **vegetarian** flan

Please see our specials board for today’s fillings & prices

Sides

Skin-on chips (vgn, gf)	5
Cheesy skin-on chips Skin-on chips topped with Davidstow cheddar cheese (v, gf)	6
Garlic ciabatta	4
Side salad Mixed leaves, cucumber, beetroot & house dressing	4.5
Homemade coleslaw	4

Tiny Trebah

Served 12pm - 3pm

Sausage & skin-on chips (df) Add peas or beans	8 1.5
Chicken chunks & skin-on chips (gf, df) Add peas or beans	8 1.5
Mixed bean chilli with rice (vgn)	8
Vegetarian lasagne & garlic bread Roasted winter vegetables, rich & cheesy cream sauce & pasta with garlic bread (v)	8
Tiny soup Served with sliced bread & butter. Please see specials board for the soup of the day (vgn*, gf*)	6
Kids lunch bag Please see selection at the counter. Box includes sandwich, Pom Bear crisps, carton of juice, fruit & flapjack.	7.5

Please have your table number ready to order at the counter