

Breakfast

Served 9.30am - 11.30am

Full breakfast

Cornish sausage, bacon, tomato, mushroom, hash brown, hog's pudding, beans, egg & Da Bara toasted sourdough (gf*)

14

Vegan breakfast

Vegan sausage, chickpea fritter, hash brown, tomato, mushroom, kale, beans & Da Bara toasted sourdough (vgn, gf*)

14

Add an egg

1.5

Add extra items

1.5

Breakfast rustic roll

Da Bara brown rustic roll; choose from bacon, sausage, egg or vegan sausage (v*, gf*)

8

Add additional items

1.5

Toast

Da Bara white sourdough or wholewheat bloomer (v, gf*)

With jam or marmalade

6

With baked beans

6

With 2 eggs, fried, poached or scrambled

8

Homemade waffles

Berries & maple syrup (v)

7

Bacon & maple syrup

8

Homemade treats

Please see the counter for today's selection of fresh cakes, slices & biscuits

Cornish cream tea

Two homemade scones, Rodda's Cornish clotted cream & Halzephron jam, served with a pot of tea

8

Ice cream tubs

Please see available flavours at the counter

3

Roskilly's farmhouse

Vibes dairy free (vgn)

Lunch

Served 12pm - 3pm

Soup

Please see the specials board for our soup of the day. Served with Da Bara wholewheat bloomer & Cornish butter (gf*, vgn*, df*)

8

Salads & small plates

Greek salad

Tomatoes, cucumber, red onion, olives, feta cheese & house dressing (v, gf)

12

Thai fish cakes

Fresh local white fish, blended with red chilli, ginger, Thai basil & potato, served with lemon mayonnaise & dressed leaves (gf)

12

Smoked mackerel nicoise

Grilled smoked mackerel fillets with new potatoes, olives, green beans, sun dried tomatoes, boiled egg & house dressing (gf, df)

12

Korean chicken noodles

Fried Korean bbq chicken, Korean BBQ sauce, egg noodles, spring onions and sesame seeds (df)

13

Chicken caesar salad

Chicken breast, bacon, gem lettuce, parmesan, croutons & caesar dressing (gf*, df*)

13

Sides

Skin-on chips (vgn, gf)

5

Cheesy skin-on chips

Skin-on chips topped with Davidstow cheddar cheese (v, gf)

6

Messy chips

Skin-on chips, bacon, Davidstow cheddar cheese, spring onions & Korean BBQ sauce (gf)

11

Side salad

Mixed leaves, cucumber, beetroot house dressing

4.5

Homemade coleslaw

4

Toasted sandwiches

Served in a ciabatta roll with dressed leaves

Honey roasted ham & Davidstow cheese 10

Spiced aubergine, Davidstow cheese & rocket (v, vgn*) 10

Chicken breast, harissa, mozzarella & rocket 12

Hot sandwiches

Served in a rustic roll or a gluten free roll, with dressed leaves

Falafel & tzatziki 11
with gem lettuce (vgn, gf*)

Bacon & brie (gf*) 12

Beer-battered fish 12
With gem lettuce & tartare sauce (gf*)

Trebah's famous flans

All our flans are homemade & served with coleslaw & dressed leaves

Choose from **meat** or **vegetarian** flan

Please see our specials board for today's fillings & prices

Jacket potatoes

Please see our specials boards for our fillings & prices

Dietary information

Our kitchen uses a variety of ingredients which can cause allergic reactions.

Whilst every effort is made to avoid cross contamination it cannot be guaranteed.

Dietary symbols

(v) vegetarian / (vgn) vegan
(gf) gluten free / (df) dairy free
(*) available on request

Please make us aware of any allergies or food intolerances before placing your order.

Main plates

Mixed bean chilli 14
Mixed beans in a tomato spiced sauce served with rice & sour cream (vgn*, gf)

Trebah beef burger 17
8oz beef burger in a toasted brioche bun, with cheddar cheese, bacon jam & gem lettuce, served with skin-on chips (gf*, df*)

Veggie burger 16
Homemade beetroot, chickpea & bean burger in a toasted bun with spicy mayonnaise, gem lettuce & skin-on chips (vgn, gf*)

Add cheddar cheese (v) 1.5

Shellfish linguini 17
Linguini pasta with prawns & brown crab in a creamy white wine sauce

Macaroni & cheese 14
Rich homemade béchamel sauce with cheddar, served with garlic bread (v)

Beer-battered fish & chips 17
Market fish in a crispy Cornish Tribute ale batter, skin-on chips, garden peas & tartare sauce (gf*, df)

Tiny Trebah

Served 12pm - 3pm

Mac & cheese with garlic bread (v) 7

Sausage & skin-on chips 8
Add peas 1

Mixed bean chilli with rice (vgn, gf) 8

Fish & chips 8
Market fish served with skin-on chips & garden peas (gf*, df)

Tiny soup 6
Served with sliced bread & butter. Please see specials board for the soup of the day (vgn*, gf*)

Kids lunch bag 7.5
See selection at the counter. Box includes sandwich, Pom Bear crisps, carton of juice, fruit & flapjack.

Please have your table number ready to order at the counter