

# Tiny Trebah

Served 12pm - 3pm

Mac & cheese with garlic bread (v)	7
Sausage & skin-on chips	7
Add peas	1
Butternut squash risotto (vgn)(gf)	7
Ham, egg & chips	7

**Tiny soup** 4.5  
Served with sliced bread & butter. Please see specials board for the soup of the day (vgn\*)(gf\*)

**Kids lunch bag** 6.5  
Please see selection at the counter. Box includes sandwich, Pom Bear crisps, carton of juice, fruit & flapjack



Trebah  
Garden

# Menu Trebah Kitchen

## Allergies

Our kitchen uses a variety of ingredients which can cause allergic reactions. Whilst every effort is made to avoid cross contamination it cannot be guaranteed.

## Trebah Kitchen

At busy times there may be a delay between ordering and food arriving at the table. All our dishes are prepared and cooked to order and there may be a limit to dish alterations.

# Breakfast

Served 9.30am - 11.30am

<b>Full Breakfast</b> Cornish sausage, bacon, tomato, mushroom, hash brown, hog's pudding, beans, egg & Da Bara toasted sourdough (gf*)	13
<b>Vegan Breakfast</b> Vegan sausage, chickpea fritter, hash brown, tomato, mushroom, kale, beans & Da Bara toasted sourdough (vgn)(gf*)	11
Add an egg	1.5
<b>Breakfast rustic roll</b> Da Bara brown rustic roll. Choose from bacon, sausage, egg or vegan sausage (v*)(gf*)	8
Add additional items	1.5
<b>Toast</b> Da Bara white sourdough or wholewheat bloomer (v)(gf*)	
With jam or homemade marmalade	4
With baked beans	6
With 2 eggs	8
Choose from fried, poached or scrambled	

## Homemade waffles

<b>Berries &amp; maple syrup</b> (v)	7
<b>Bacon &amp; maple syrup</b>	8
<b>Smoked salmon &amp; cream cheese with chives</b>	12
<b>Smashed avocado &amp; poached egg</b> (v)	10

**Dietary symbols:**  
(v) vegetarian / (vgn) vegan  
(gf) gluten free / (df) dairy free  
(\*) available on request

Please make us aware of any allergies or food intolerances before placing your order

# Lunch

Served 12pm - 3pm

<b>Soup</b> Please see the specials board for our soup of the day. Served with Da Bara wholewheat bloomer & Cornish butter (gf*)(vgn*)(df*)	8
<b>Small plates</b>	
<b>Halloumi fries</b> Served with salad & beetroot ketchup (v)(gf)	9
<b>Squash &amp; sage risotto</b> Roasted butternut squash with fresh sage (vgn)(gf)	10
<b>Chicken liver parfait</b> Served with tomato & onion marmalade, on toasted homemade focaccia (gf*)	10.5
<b>Fish taco</b> Lemon & chilli marinaded tempura white fish taco served with miso mayonnaise, baby gem lettuce and fresh coriander (gf)	10
<b>Jacket potatoes</b> Please see the specials board for today's fillings & prices	
<b>Sides</b>	
<b>Skin-on chips</b> (vgn)(gf)	4
<b>Cheesy skin-on chips</b> Skin-on chips topped with Davidstow cheddar cheese (v)(gf)	5
<b>Messy chips</b> Skin-on chips topped with pulled pork, Davidstow cheddar & BBQ Korean sauce (gf)	10.5
<b>Side salad</b> Leaves & cucumber with a maple & mustard dressing (vgn*)(gf)	4
<b>Trebah coleslaw</b> (v)	3

## Main plates

<b>Ham, egg &amp; chips</b> Honey-glazed roasted ham, local egg and skin-on chips (gf)	12
<b>Beef bourguignon</b> Slow-cooked beef in a rich red wine sauce, served with roasted new potatoes & vegetables (gf)	14
<b>Vegetable Thai red curry</b> Infused spices with chickpea, vegetables, coconut milk & served with fragrant rice (vgn)	12
Add chicken	3
<b>Macaroni &amp; cheese</b> Rich homemade bechamel sauce with Davidstow cheddar, served with homemade garlic bread	12
Add pulled pork	3
<b>Beer-battered fish &amp; chips</b> Market fish in a crispy Cornish Tribute ale batter, skin-on chips, garden peas & tartare sauce (gf*)(df)	15
<b>Chicken burger</b> Tender buttermilk chicken served with chips and Korean BBQ sauce	14
Add cheddar cheese	1.5
<b>Hot sandwiches</b> Served in a Da Bara rustic roll or a gluten free roll, with dressed leaves	
<b>Trebah BLT</b> Crispy bacon, lettuce & tomato (df)(gf*)	10
<b>Trebah vegan stack</b> Vegan sausage, hash brown, mushroom & spinach (vgn)(gf*)	11
<b>BBQ Brisket</b> Served with sliced gherkin, mustard mayo & Davidstow cheddar cheese (df)(gf*)	13

## Toasted sandwiches

Served in a ciabatta or a gluten free roll, with dressed leaves

<b>Chicken, mozzarella &amp; pesto</b>	11
<b>Home-roasted ham, Davidstow cheddar cheese &amp; tomato</b>	10
<b>Mushroom, tomato, spinach &amp; pesto</b> (vgn*)	10
<b>Pulled pork &amp; apple sauce</b> (df)	12

## Trebah's famous flans

All our flans are homemade & served with coleslaw & dressed leaves

vMeat or vegetarian flan

Please see our specials board for today's fillings & prices

## Homemade treats

Please see the counter for today's selection of fresh cakes, slices & biscuits

<b>Cornish cream tea</b>	8
Two homemade scones, Rodda's Cornish clotted cream & jam, served with a pot of tea or americano coffee	

<b>Ice cream tubs</b>	3
Please see available flavours at the counter	

**Roskilly's farmhouse**  
Vibes dairy free (vgn)

Please have your table number ready to order at the counter

Please turn over for children's menu