

Tiny Trebah

Served 12pm - 3pm

Mac & cheese with garlic bread (v)	7
Sausage & skin-on chips	7
Add peas	1
Butternut squash risotto (vgn)(gf)	7
Ham, egg & chips	7

Tiny soup 4.5
Served with sliced bread & butter. Please see specials board for the soup of the day (vgn*)(gf*)

Kids lunch bag 6.5
See selection at the counter. Box includes sandwich, Pom Bear crisps, carton of juice, fruit & flapjack.



Allergies

Our kitchen uses a variety of ingredients which can cause allergic reactions. Whilst every effort is made to avoid cross contamination it cannot be guaranteed.

Trebah Kitchen

At busy times there may be a delay between ordering and food arriving at the table. All our dishes are prepared and cooked to order and there may be a limit to dish alterations.

Trebah
Garden

Menu Trebah Kitchen

Breakfast

Served 9.30am - 11.30am

Full Breakfast 13

Cornish sausage, bacon, tomato, mushroom, hash brown, hog's pudding, beans, egg & Da Bara toasted sourdough (gf*)

Vegan Breakfast 11

Vegan sausage, chickpea fritter, hash brown, tomato, mushroom, kale, beans & Da Bara toasted sourdough (vgn)(gf*)

Add an egg 1.5

Breakfast rustic roll 8

Da Bara brown rustic roll. Choose from bacon, sausage, egg or vegan sausage (v*)(gf*)

Add additional items 1.5

Toast

Da Bara white sourdough or wholewheat bloomer (v)(gf*)

With jam or homemade marmalade 4

With baked beans 6

With 2 eggs 8

Choose from fried, poached or scrambled

Dietary symbols:

(v) vegetarian / (vgn) vegan
(gf) gluten free / (df) dairy free

(*) available on request

Please make us aware of any allergies or food intolerances before placing your order

Please turn over for children's menu

Lunch

Served 12pm - 3pm

Soup 8

Please see the specials board for our soup of the day. Served with Da Bara wholewheat bloomer & Cornish butter (gf*)(vgn*)(df*)

Small plates

Halloumi fries 9

Served with salad & beetroot ketchup (v)(gf)

Squash & sage risotto 10

Roasted butternut squash with fresh sage (vgn)(gf)

Chicken liver parfait 10.5

Served with tomato & onion marmalade, on toasted homemade focaccia (gf*)

Fish taco 10

Lemon & chilli marinated tempura white fish taco served with miso mayonnaise, baby gem lettuce and fresh coriander (gf)

Sides

Skin-on chips (vgn)(gf) 4

Cheesy skin-on chips 5

Skin-on chips topped with Davidstow Cheddar cheese (v)(gf)

Messy chips 10.5

Skin-on chips topped with pulled pork, Davidstow Cheddar & BBQ Korean sauce (gf)

Side salad 4

Leaves, cucumber with a maple & mustard dressing (vgn*)(gf)

Trebah coleslaw (v) 3

Main plates

Ham, egg & chips 12

Honey-glazed roasted ham, local egg and skin-on-chips (gf)

Beef bourguignon 14

Slowed cooked beef in a rich red wine sauce, served with roasted new potatoes (gf)

Vegetable Thai red curry 12

Infused spices with chickpea, vegetables, coconut milk & served with fragrant rice (vgn)

Add chicken 3

Macaroni & cheese 12

Rich homemade bechamel sauce with Davidstow cheddar, served with homemade garlic bread

Add pulled pork 3

Trebah fish pie 15

Cornish white fish in a white wine & cream sauce with buttered mashed potato, served with seasonal vegetables

Chicken burger 14

Tender buttermilk chicken served with chips and Korean BBQ sauce

Add cheddar cheese 1.5

Hot sandwiches

Served in a Da Bara rustic roll or a gluten free roll, with dressed leaves

Trebah BLT 10

Crispy bacon, lettuce & tomato (df)(gf*)

Trebah vegan stack 11

Vegan sausage, hash brown, mushroom & spinach (vgn)(gf*)

BBQ Brisket 13

Served with sliced gherkin, mustard mayo & Davidstow cheddar cheese (df)(gf*)

Toasted sandwiches

Served in a ciabatta or a gluten free roll, with dressed leaves

Chicken, mozzarella & pesto 11

Home-roasted ham, Davidstow cheddar cheese & tomato 10

Mushroom, tomato, spinach & pesto (vgn*) 10

Pulled pork & apple sauce (df) 12

Trebah's famous flans

All our flans are homemade & served with coleslaw & dressed leaves

Choose from:

Meat or **vegetarian** flan

Please see our specials board for today's fillings & prices

Homemade treats

Please see the counter for today's selection of fresh cakes, slices & biscuits

Cornish cream tea 8

Two homemade scones, Rodda's Cornish clotted cream & jam, served with a pot of tea or americano coffee

Ice cream tubs 3

Please see available flavours at the counter

Roskilly's farmhouse

Vibes dairy free (vgn)

Please have your table number ready to order at the counter